Don’t Panic!
This Is Just A Test!
Texts: Psalm 112, James 1:2, I Peter 1:6

Panic = to be overcome by sudden fear.

God does not want us to be overcome by fear. He called us to be overcomers! II Timothy 1:7

God gave YOU the power of the Holy Spirit to overcome every trial, test and attack of the enemy!

You DO NOT have a spirit of FEAR. You have a spirit of POWER.

When you trust in the Lord, your heart is steadfast and secure—and the Lord will cause you to triumph and be lifted high in influence and honor!

God wants you to trust Him, but Satan wants you to panic.

In The Tests:

• Satan Says:
  ▪ Panic – Give up – Doubt God – Did God really say… - Blame God – God has forsaken you – God doesn’t love you – God doesn’t care about you.

• Jesus Is Saying:
  ▪ Don’t be afraid – Fear not for I am with you – You can trust Me fully - I am your faithful God and Heavenly Father – My Holy Spirit is your Helper – You are not alone – My angels are watching over you – You can pass this test!

Six Things You Can Do To Pass The Test:

1. Control Your Response. John 14:1
   ▪ You may start to push the panic button, but back up and say, I’m not going down this road! I have a choice. I am not going to panic! I choose to trust God in the chaos!
   ▪ You have the power to choose PANIC or PEACE.

2. Listen To Your Spirit—Not Your Head. John 10:27
   ▪ Don’t let your emotions drown out God’s voice.
   ▪ Your spirit is full of God’s Word—and that Word will come up out of you and talk to you and encourage you.
   ▪ Your spirit is in tune with the Holy Spirit and the Holy Spirit is in tune with God’s will and purpose for your life.

3. Avoid Excessive Reasoning. Matthew 6:31, Romans 8:11
   ▪ God is not in a panic! He is not worried at all—so why should you be?
   ▪ Simplify your life by simplifying your thoughts.
   ▪ Let go of all the questions and trust God for the answers.
   ▪ Don’t complicate your life with excessive reasoning.
   ▪ Psalm 46:10 says, Be still and know that He is God.
4. **Instead Of Worrying, Pray.** Philippians 4:6, Acts 16
   - Worry stirs up fear, but prayer stirs up the supernatural!
   - Prayer moves God to act!

5. **Choose Love.** Matthew 5:44
   - In almost every crisis we have to deal with people.
   - Love your enemies and pray for those who persecute you.
   - Overcome evil with good. Romans 12:21
   - Love covers all offenses. Proverbs 10:12

6. **Be A Prisoner Of Hope.** Zechariah 9:12, Psalm 42:5, Ephesians 6:13, I Kings 18
   - Keep expecting God’s power to manifest in your life.
   - It may not change today, but we still have tomorrow and God’s mercy is new every morning.
   - If we made it through today, we will make it through tomorrow because God’s grace is sufficient for us!
   - Even when we are weak, God promised to be strong in and through us!

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